

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Abdulkarim2020							
Alsisy2018							
Eskandaros2020							
Hassan2021							
Maloku2019							
Mohamed2019							
Naderan2017	+	+	+		+	+	+
Plapler2009							
Poskus2020	+	+	+	+	+	+	+
Shabahang2019	+	+		+	+	+	+

Supplementary Fig. 1. Risk of bias summary of 3 randomized controlled trials.